Personal Career Planning

Charting your course

THE PROBLEM

Careers rarely follow the plan, and most professionals only think about theirs when something forces them to. A little structure, revisited often, changes the outcome.

YOU LEAVE WITH

1. A clear picture of your strengths, values and options.
2. Three career scenarios for the next five years.
3. A 90-day plan for the scenario you choose.

LEARNING OUTCOMES

- Assess their strengths, values and market options.
- Build and compare career scenarios.
- Commit to a 90-day plan, coached by Atlas.

DURATION
Online, self-paced, about 4 hours

HANDS-ON
Video capsules, exercises and Atlas coaching

FORMATS
Online on Learn N' Succeed

GROUP SIZE
Individual or company cohorts

LANGUAGE
English; French on request

TOOLS
Phone or computer

ATTESTATION
Certificate of completion

WHO SHOULD ATTEND

Professionals and high potentials at any stage.

HOW EVERY AETHEIS COURSE WORKS

Labs first On your own material	**Theory capped** Under 20% of the time	**Atlas follow-up** Day 3, 7 and 30

Personal Career Planning

PROGRAMME

Time	Block	Theory	Practice
Module 1	**Where you stand.** Strengths, values, energy	—	Self-paced
Module 2	**Your options.** Market, scenarios, trade-offs	—	Self-paced
Module 3	**Your course.** Choice and 90-day plan with Atlas	—	Self-paced
Total	Self-paced modules	—	**Self-paced**

LABS, ON YOUR OWN MATERIAL

Strengths map
What you do best, and what drains you.

Scenarios
Three futures, compared honestly.

WHAT TO BRING

Your CV and a sense of what you want more and less of.

AFTER THE COURSE

Atlas, the AI coach on Learn N' Succeed, follows up on your commitment at day 3, 7 and 30. Templates and worksheets stay in your space.

LEARNING PATH

BEFORE	THIS COURSE	AFTER
No prerequisite	**LDR10 Personal Career Planning**	LDR9 Purpose-Driven Leadership

FORMATS AND PRICE

On quotation

Learn N' Succeed licence for your organisation

Priced by number of learners
Hosted on Learn N' Succeed, available any time

Training a whole team?

We run this course in-house, with labs built on your own material →

aetheis.com