Public Speaking Skills

Presenting with impact

THE PROBLEM

Many capable professionals lose their impact the moment they stand up to speak. Nerves, slides and structure get in the way of the message.

YOU LEAVE WITH

1. A method to prepare any talk in less time.
2. Three talks delivered and filmed, with feedback.
3. Techniques to manage nerves and hold attention.

LEARNING OUTCOMES

- Prepare a talk with a clear structure and purpose.
- Deliver with presence: voice, body, pace and pauses.
- Use slides and visuals that support, not replace, the speaker.

DURATION
Full day, 09:00 to 17:00

HANDS-ON
5h30 practice, 1h00 theory (15%)

FORMATS
Public or in-house; online version

GROUP SIZE
10 to 20 participants

LANGUAGE
English; French on request

TOOLS
Laptop

ATTESTATION
Certificate of attendance

WHO SHOULD ATTEND

Managers and professionals who present to colleagues, clients or boards.

HOW EVERY AETHEIS COURSE WORKS

Labs first On your own material	**Theory capped** Under 20% of the time	**Atlas follow-up** Day 3, 7 and 30

PROGRAMME

Time	Block	Theory	Practice
09:00–10:45	**Preparing the talk.** Purpose, audience, structure	15 min	90 min
11:00–12:30	**Voice and presence.** Body, voice, pace; first filmed talk	15 min	75 min
13:30–15:00	**Slides and visuals.** Less text, more meaning; second talk	15 min	75 min
15:15–17:00	**Under pressure.** Questions, nerves, the unexpected; final talk	15 min	90 min
Total	Breaks and lunch not counted	**1h00**	**5h30**

LABS, ON YOUR OWN MATERIAL

Structure
Your talk, purpose first.

First take
Filmed and reviewed.

Slides
Your deck, cut by half.

Final talk
Delivered and scored by peers.

WHAT TO BRING

A talk or presentation you will give in the coming months.

AFTER THE COURSE

Atlas, the AI coach on Learn N' Succeed, follows up on your commitment at day 3, 7 and 30. Templates and worksheets stay in your space.

LEARNING PATH

BEFORE	THIS COURSE	AFTER
LDR6 Business Storytelling	**LDR8 Public Speaking Skills**	LDR7 Persuasive Pitching

FORMATS AND PRICE

Rs 32,000 · €600 · USD 700

per participant

Full day, excluding VAT; lunch and materials included
Public sessions through the year
In-house on request, 10 to 20 participants

Training a whole team?

We run this course in-house, with labs built on your own material →

aetheis.com